Grip Strength and Electromyogram(EMG)

Saket Choudhary

September 21, 2016

BISC 104
Session 4

"Life is full of screwups. You're supposed to fail sometimes. It's a required part of the human existence."

– Sarah Dessen, Along for the Ride

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- Why Study this? EMG is used for assessing muscular health

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- Step 1: **"EMG Cable and Hand Dynamometer Setup"**
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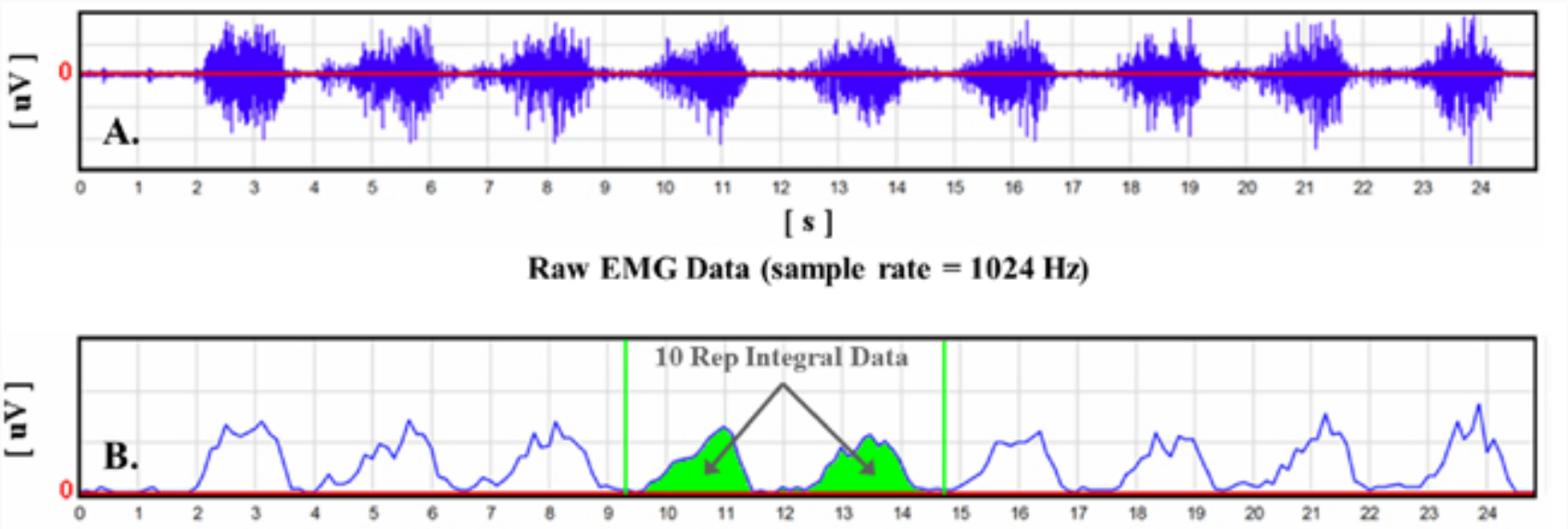
- Weigh textbooks in **kilograms**. 1kg = 2.2lb
- Step 3: Proceed to **"Experiment HM-1"**
- Exercise 1 and 2 are compulsory.

Analysis – Area Under Curve



Electrodes

Dynamometer

Office Hours

Tuesday: 9-10AM

Thursday: 9-10AM

ZSH 372

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